

STRONGFIRST.

**BARBELL 101:
POWER TO THE PEOPLE!
CERTIFICATE OF COMPLETION
*GIJS DERCKSEN***

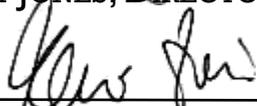
HAS SUCCESSFULLY COMPLETED
4 HOURS OF TRAINING AND INSTRUCTION

February 20, 2022

DATE



BRETT JONES, DIRECTOR OF EDUCATION



FABIO ZONIN, INSTRUCTOR